



## **PROPOSAL FOR SPENDING SAC FUND-RAISING MONEY**

***Deadline: Tuesday February 20th, 2024***

***Published On: [www.humbercrestcouncil.ca](http://www.humbercrestcouncil.ca)***

**Proposal Created By:** Yvonne Chan

**Classroom/Grade(s) Impacted:** Grades 4-8 Students

**1) Please provide a brief description of the project/program being proposed, including grades of students that will be involved.**

Humbercrest SAC Athletic Subcommittee led by parent and student volunteers will help increase engagement of parents and students in sports and sport teams at Humbercrest PS.

The following are a few items the Athletics sub committee at Humbercrest will do:

- Communicate information to parents and the community about Toronto District Elementary Schools Athletic Association (TDESAA) programs (i.e. what sports are available, when they happen, what grades can participate, etc.)
- Assist in the recruitment and onboarding of Community Coaches and Humbercrest Staff supervisors to lead TDESAA sports teams
- Requesting funding to support this item: Increase opportunities for students to participate in sports and athletics at Humbercrest PS outside of TDESAA (i.e. Jays Care baseball clinics, intramurals, off season development training for future season, and other sports and athlete development programs, etc.)

**2) Please provide details on the problem that currently exists and how the proposed project/program will address it.**

- Currently, parents and students have little information about what sport teams are available at Humbercrest.
- Not all students and families can economically afford to participate in a sport or be on a team (i.e. house league, rep. Teams, camps, clinics, etc.) outside of school.
- Humbercrest Teams are not as competitive as they can be and are often eliminated in the first round of play and not advance to the next round. One of the causes of this may be due to limited practices as a team and limited opportunities to play the sport.
- Teams are not formed until a few weeks before the first tournament

**3) Please describe in detail how the solution being proposed will benefit all Humbercrest students equitably?**

The fund for the Athletics Program will be used to fund clinics, development programs and team training for students. It will give all grade 4-8 students an opportunity to learn & play a sport and try out for a team and represent the school.

**4) Please provide examples of other schools/jurisdictions where this project/program has been implemented and its outcomes.**

Here is a link to the registration page for EuroStep Lunchtime Clinic at Lancer School ([Lanor Girls Lunchtime Program — Eurostep Basketball](#)) and EuroStep Small Group Workouts at St. Joseph's Public School ([St. Joseph Catholic School — Eurostep Basketball](#)) as examples. EuroStep is also a TDSB approved organization. A screenshot on the details of the clinics are at the end of this document.

**5) How is this project/program in line with the Humbercrest goals in Equity, Achievement and Wellbeing?**

Humbercrest goals of achievement and wellbeing. Keep students engaged with the school, increase school pride and feel a part of the community. Sports allow students to be active and exercises such as playing in sports have proven to improve mental health and individual well being.

**6) Please provide a schedule that includes details such as sourcing equipment, implementation in the classrooms etc.**

I will use the basketball program as the template for this proposal but I am hoping to expand this schedule/programming to all the sports teams we have at Humbercrest (Soccer, Flag Football, Volleyball, Ice Hockey, Cross Country, Track & Field, Badminton, Slow Pitch, Ultimate Frisbee).

Equipment:

- 6 x indoor basketballs (size 5 basketballs 27.5) - \$30 to \$50/each = \$180 to \$300 Total
- 6 x indoor basketballs (size 6 basketballs 28.5) - \$30 to \$50/each = \$180 to \$300 Total

Tryouts (December):

- Grades 5 & 6 Students - Big Gym - Time & Day: TBD by coach/staff schedule
  - Capacity: open to all grade 5 & 6 boys
- Grades 7 & 8 Students - Big Gym - Time & Day: TBD by coach/staff schedule
  - Capacity: open to all grade 5 & 6 boys

In Season Play & Practices (January to March):

- Grades 5 & 6 Students: Big Gym - Time & Day: TBD by coach/staff schedule
  - 12 students on the team
  - 1 Staff
  - 1-2 coach (coaches can be a parent community coach or staff)
  - Practices - Free and run by coach
  - 90 mins Small Group Clinics by Eurostep - \$25/person/session = \$300/team session (\*This can be optional and students can apply for a scholarship)

- Grades 7 & 8 Students: Big Gym - Time & Day: TBD by coach/staff schedule
  - 12 students on the team
  - 1 Staff
  - 1-2 coach (coaches can be a parent community coach or staff)
  - Practices - Free and run by coach
  - 90 mins Small Group Clinics by Eurostep - \$25/person/session = \$300/team session (\*This can be optional and students can apply for a scholarship)

Spring Development Clinics/Intramurals - this is in development/recruitment for next year's team (April - June)

- Grades 4 & 5 Students - Big Gym - Lunchtime - Intramural (Free) & Clinics (Eurostep)
  - Capacity: 24 students
  - Clinic Costs: \$7/per student/per session = \$168 per session
- Grades 6 & 7 Students - Big Gym - Lunchtime - Intramural (Free) & Clinics (Eurostep)
  - Capacity: 24 students

Fall Development Clinics/Intramurals: this is in development/recruitment for current year's team (October - November):

- Grades 5 & 6 Students - Big Gym - Lunchtime - Intramural (Free) & Prep for Tryout Clinics (Eurostep)
  - Capacity: 24 students
- Grades 7 & 8 Students - Big Gym - Lunchtime - Intramural (Free) & Prep for Tryout Clinics (Eurostep)
  - Capacity: 24 students

**7) All Costs ie. GST, PST, Shipping and Handling, and any currency conversion (US\$ to CDN\$)\***

Item	Cost per unit	Quantity	Total
Indoor basketballs (size 5 basketballs 27.5)	\$30 to \$50/each	6	\$180 to \$300
6 x indoor basketballs (size 6 basketballs 28.5)	\$30 to \$50/each	6	\$180 to \$300
90 mins Small Group Clinics by Eurostep (in season)	\$25/person/session = \$300/team session	4	\$1200* (Optional - needs base)
50 mins Lunchtime clinics by Eurostep (24 students)	\$7/per student/per session = \$168 per session	9	\$1,344

		<b>Total:</b>	\$2000-\$3000
--	--	---------------	---------------

**8) Other Important Information:**

- Please be advised that certain goods and services must be purchased from suppliers approved by the TDSB whose estimated costs may differ from other quotes obtained.*
- All **staff proposals** must be sent to the administration team before they can be presented at council.*



## St. Joseph Catholic School

from CA\$150.00

With a 1:6 coach-to-player ratio, these sessions allow athletes to develop their game while working with a tight group of players who are of a similar skill level. The group is small enough that the coach can give each individual player the attention and feedback they need to fix and improve their skills while at the same time making sure that the entire group is on task and focused.

**COACH** - The coach for these workouts will be Canadian silver medalist and former pro athlete, Boris Bakovic. See the full bio [here](#).

**LOCATION** - St. Joseph Catholic School 150 Strathallan St, Fergus, ON N1M 1A1

**DAYS AND TIMES** - There will be two sessions on Thursdays and two on Fridays. Each session is 90 minutes long.

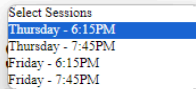
**AGE RANGE** - 10 years of age or older. We group kids in their groups based on their age and skill level. The goal is to group kids together who are of a similar ability level.

**GENDER** - The small groups are for both boys and girls

**SKILL LEVEL** - We have designed workout plans that fit every skill level. For each group, the coaches will evaluate the skill level and lead workouts that are suited for the skill level of that group.

**COST** - The cost per session is \$25.

- There will be 7 sessions on Thursdays for the winter semester (\$175 total)
- There will be 6 sessions on Fridays for the winter semester (\$150 total)





## Lanor Girls Lunchtime Program

**CA\$65.00**

This session is designed for a Eurostep coach to come to Lanor JPS and run a training session during the lunch period. The training curriculum will be specifically designed for the age and skill level of the girls in the training session and will have the following format:

- Warm-up (7 minutes)
- Skill development (20 minutes)
- 1v1 drill based on the skill learned that day (10 minutes)
- Basketball IQ and decision-making (10 minutes)

The goal is to start building a solid basketball base that will allow the athletes to take the skills they have learned and apply it to any basketball scenario that they may find themselves in.

### **ATHLETE DETAILS**

- Girl's only program
- Grades 6 to 8

**DATES** - January 26th to April 5th (9 sessions in total)

**COST** - \$7 per session (\$65 in total for the semester)